

## Challenges faced by nurses during COVID-19

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Citation: Gotham D. Challenges faced by nurses during COVID-19. *J Nurs Prac* 2021; 5(11):1.

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### PERSPECTIVE

Covid (COVID-19) comprise an enormous infection family that can cause an assortment of sicknesses going from straightforward influenza and the normal virus to more genuine illnesses like serious respiratory disappointment, MERS (Middle East respiratory disorder), SARS (extreme intense respiratory condition), and so forth A few subtypes of COVIDs have caused illnesses in people until the present time. In 2019, another sort of COVID was found to cause sickness in people in Wuhan City in Hubei Province of China, and it was named COVID illness 2019 and abridged as COVID-19. The first COVID-19 case was recognized on December 29, 2019, and it was accounted for to the World Health Organization on December 31, 2019. Endless supply of the COVID flare-up in numerous nations and mainland's, the World Health Organization declared the COVID-19 episode as a pandemic on March 11, 2020. Notwithstanding the quickly spreading infection, the current clinical gear and medical services work force of even nations with created clinical framework were lacking against the seriousness and direness of the pandemic.

Wellbeing experts normally deal with different mental issues during hazardous pandemic situations. Nurses, especially, who work intimately with patients during providing care, assume a key part in battling the pandemic. In this way, nursing intercessions, especially from a physical, social, and mental viewpoint are critical in the control of the pandemic. As per the COVID-19 investigation report of the Turkish Nurses Association, medical caretakers might confront a few hindrances in giving quality consideration without compromising patient wellbeing. A portion of these snags can be recorded as lacking and low quality individual defensive gear, expanded patient consideration load, loose measures in the standardization time frame that builds the danger of COVID-19 transmission, not having any significant bearing revolution for medical attendants working at pandemic

facilities, and asking attendants to work overtime. Hospitals ought to set up exceptional conventions for safeguarding the soundness of medical caretakers connecting with patients with COVID-19. Consequently, distinguishing challenges experienced by the attendants battling this pandemic in Turkey is vital to build up these conventions. Starting here of view, this exploration was directed to decide the difficulties experienced by the attendants during the COVID-19 pandemic.

There are in excess of 20 million medical caretakers all throughout the planet, and everyone has an alternate story. They know about trust, boldness, bliss, misery, agony and enduring, life, and demise. Medical caretakers hear the first cries of infants and witness the final gasps of the expired and witness the absolute generally valuable and most appalling snapshots of life. Nowadays, as we commend the 200<sup>th</sup> birth commemoration of Florence Nightingale, the administrations of medical caretakers battling the pandemic go to the front line, and we see that nursing administrations draw more consideration than any other time in recent memory before

Nurses, amongst all fitness care specialists, are specialists who spend their maximum time with sufferers and paintings at near range. Therefore, intervention of nurses on this method through comparing them physically, socially, and psychologically is of remarkable significance in epidemic management. It is vital to realize the problems nurse's face at some stage in the care related to the COVID-19 outbreak. Knowing those demanding situations will permit nurses to paintings correctly and safely, and care great will increase. The maximum not unusual place problems confronted through nurses consist of tension and worry of being infected, alternate with inside the own circle of relatives order, acting affected person care with worry, notion of stigma in society, wondering the nurse's region with inside the fitness system, trouble operating with private defensive equipment, and bodily harm due to equipment.

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Received: November 08, 2021, Accepted: November 22, 2021, Published: November 29, 2021

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