



## A diversity of metabolic syndromes concerning diabetics prediabetics

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### Abstract:

To improve education of diabetics & prediabetics and preventative measures along with providing health care & treatment, we need to conduct screening & e-registering. Diversity of metabolic syndromes causing the disease such as Clinical manifestations of metabolic syndrome include the following:

- Hypertension, blood pressure
- Hyperglycemia
- Hypertriglyceridemia [ hyperlipidemi]
- Reduced high-density lipoprotein cholesterol (HDL-C) [ hyperlipidemi]
- Abdominal obesity [BMI] must be taken seriously.

The research was based on screening of 7600 people out of whom 1500 cases were diagnosed as being diabetics & prediabetics including tables, Charts, and diagram. The task was done by e- registration of people and tracking them over the period of 7 years recording medical history, vital signs, physical examination, lab results, health care and treatment Without the activities cited, it will be hard to develop a plan to control the disease and provide health care. Taking the role and effectiveness of the mentioned factors into account., it is possible to cover the diabetics & prediabetics in a region or city and take preventive measures to manages the disease.

### Biography:

Ebrahim Satlikh Mohammadi , Diagnosis of over 7000 people in Gonbad-e-Kavoush, including the completion of a screening form for sending to a special fictitious foundation with the participation of the University of Tehran's Endometabolism Research Center.



### Recent Publications:

1. Journal of Diabetology (Allied), Journal of Clinical Endocrinology Research (Allied), Journal of Nutrition and Human Health (Allied).
2. A hybrid L-shaped method to solve a bi-objective stochastic transshipment-enabled inventory routing problem.
3. A Multi-objective Optimization Model for Robust Skip-Stop Scheduling with Earliness and Tardiness Penalties.

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